

BEATITUDES

AN 8-WEEK STUDY GUIDE

MOURN
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MOURN

**BLESSED ARE
THOSE WHO MOURN,
FOR THEY WILL BE
COMFORTED.**

STUDY QUESTIONS

Play the “The Beatitudes: Mourn” video lesson.

1. Name a movie that you probably won’t watch again because it’s so sad.

2. As a Life Group, invite one person to read *Matthew 5:1 – 12* (The Beatitudes)

STUDY QUESTIONS

3. If you feel comfortable, briefly share about a season of your life when you experienced grief and answer one or two of the following questions: How did that season change your life? How did your grief bring you closer to God? What lesson did God teach you during that particular season?

4. Read *Isaiah 40:28–31*. How have you found safety and comfort in God when you've experienced times of mourning?

STUDY QUESTIONS

5. If you could write a letter to or call someone experiencing a season of grief, how would you encourage them? What would you say or better yet, what would you not say?

6. Read *John 11:35*. Do John's 2 words about Jesus give you permission to be authentic and show emotion in times of sorrow? Why or why not?

REFLECT

Take a few minutes to:

- Write down one personal takeaway from this lesson.
- Now, write about how this takeaway could be applied to your life.
- Finally, if you're comfortable doing so, share your takeaway and life application with the group.